



Midweek at Woodmont
Wednesdays at 5:30 p.m.
Each Wednesday, will have a 5:30 p.m. dinner, kids and youth activities, prayer, adult Bible study, and choir rehearsal. Check out the schedule and dinner cost below:

- Schedule**
5:30-6:15 Dinner
6:15-6:30 Adult Prayer Time
6:15-7:30 Kids and Youth Activities
6:30-7:30 Adult Bible Study
6:30-7:30 Choir Rehearsal

Meal Cost:
\$10 per adult
\$5 per child
2 and under - free
College Students - free
\$30 family max

FRONTRUNNERS' SEPTEMBER BIRTHDAYS

- Jamie Dunham
- Sherry Bennett
- Suzanne Thomsen
- Frank Orr
- Kathy Fowler
- Reta Higgins
- Doyle Franklin
- Sue Myrick
- Larry Felts
- Sherry Barnes
- Darlene Baskin

PRAYERS FOR OUR CHURCH FAMILY

- Prayer Requests:**
- Randy Perkins
 - Linda Southwick
 - Suzanne Thomsen's son, Isaac
 - Barbara McCormick
 - Mary Maddox
 - Phoebe Harrison

AUGUST GIVING					
DURING THE WEEK OF:	8/2	8/9	8/16	8/23	8/30
Weekly Receipts	\$38,235	\$12,613	\$8,991	\$16,367	\$35,472
Year to Date Receipts	\$409,698	\$422,311	\$431,302	\$447,668	\$483,140
Year to Date Budget	\$410,598	\$433,409	\$456,220	\$479,031	\$501,842



WORSHIP & BIBLE STUDIES

Sundays
9:15 a.m. Morning Bible Studies, Preschool/Children Activities
10:30 a.m. Sunday Worship Service

OUR STAFF

- Nathan Parker**
Senior Pastor
nathanp@woodmontbaptist.com
- Aaron Duncan**
Executive Pastor of Music & Administration
aarond@woodmontbaptist.com
- Beth Howe**
Minister of Students & Discipleship
bethh@woodmontbaptist.com
- Rachel Gregory**
Minister of Preschool & Children
rachelg@woodmontbaptist.com

Windy Robbins
Weekday Preschool Director
windyr@woodmontbaptist.com

Lil Cook
Ministry Assistant / Senior Adults
lilc@woodmontbaptist.com

CONNECTING

General Information
Main Phone: 615.297.5303
WBIS (WBC info service): 615.298.3100
Weekday Preschool: 615.297.2810

Website: woodmontbaptist.com
Facebook: facebook.com/wbcnashville
Weekly eNews: To receive our eNews, sign up on our website or email Lil Cook.

Text Alerts: Text "wbctextalerts" to 833.242.4172 to receive emergency info from us about church closings due to inclement weather.

Woodmont's Live TV Broadcast
Sundays, 10:30 a.m. on MYTV30 (Comcast Channel 14)
Live streaming on Facebook and on our website! You can also view our past services online on our website.

The Woodmont

A Monthly Publication of Woodmont Baptist Church

Herald

September 2026



Nathan Parker
Senior Pastor

September Series: Praise through Pain: Persevering in Suffering

I have always loved playing sports, but I've never been a great athlete. Some folks have that explosive speed and fast-twitch muscle. That is a genetic gift that seems to have passed me by. When I was in middle school, we had a state-level runner in our youth group who was four or five years older than me. I remember him telling me, "Distance running isn't like ball sports. Anyone can be good at it if they put in the miles." So I joined the cross-country team and got to work. Our coach had us running hill sprints, tempo runs, and all kinds of

strength and stamina training. She used to tell us, "When your body wants to quit, use your brain to tell it to keep going." Distance running is about mental toughness as much as physical ability.

The Christian life is often compared to running a race. The apostle Paul often wrote about "not running in vain" (1 Cor. 9:26; Gal. 2:2; Phil. 2:16), encouraging us to run in such a way that we "may obtain [the prize]" (1 Cor. 9:24). But for most of us, the idea of going out on a long run right now (especially with this heat!) sounds pretty terrible. As I turn 45 this month (!), I realize my body can't do what it used to do. Is the Christian life supposed to be miserable??

Of course not. What I realized in middle school as I trained hard in cross country is that I enjoyed the races. Turns out, I was pretty good at it, always finishing either first or second for my team (I had a friendly rivalry with a teammate, each pushing the other to excel). I had found something that gave me identity as part of a team. We had a great coach. My teammates were awesome. Yes, we

PRAISE
THROUGH
PAIN

PERSEVERING IN SUFFERING

September 6	1 Peter 3:8-22
September 13	1 Peter 4:1-11
September 20	1 Peter 4:12-19
September 27	1 Peter 5:1-14

sweated a lot and worked hard together, but we also had a blast. Especially when we received a trophy after placing in a meet.

In our sermon texts for this month, 1 Peter 3-5, we will hear Peter's continued calls to persevere through suffering. Peter knows that the looming persecution against Christians will be brutal. The Roman Empire is about to crack down hard on this upstart religion that

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WBC MISSIONS

Colombia Mission Trip

Please join us in praying for the team of 5 we are sending from Woodmont to Bogota, Colombia, October 1-8. Our team will be providing support to IMB missionaries in Colombia and Panama by providing childcare for missionary children during their country-wide meeting in Bogota. Please pick up a prayer guide at the church to support the team through prayer! Please also consider donating Amazon gift cards for the missionaries or donating mission trip items from our Amazon wish list.



Golden Offering

Collecting Through September

The Golden Offering for Tennessee Missions is the annual state missions offering that provides invaluable financial support for ministries that help reach Tennesseans for Christ. If you would like to donate, please designate on your offering or put it in one of the envelopes in the foyers. The offering is collected all year, with a special emphasis in September.

SENIOR ADULT RECOGNITION SERVICE

Senior Adult Recognition

Sunday, November 1

Save the date! Sunday, November 1, Senior Adult Recognition Day! Our sensational seniors will be recognized in the worship service and honored at a catered lunch afterwards! Hope you will make plans to attend!



Celebrate Recovery

Mondays, 7 p.m. in the youth area

This program is designed to help those struggling with hurts, hang-ups, and habits. Get more information here: woodmontbaptist.com/celebraterecovery.

Continued from Pastor Nathan ...

denied the divinity of the emperor. And yet, surprisingly, Peter calls on Christians to “rejoice insofar as you share Christ's sufferings, that you may also rejoice and be glad when his glory is revealed” (1 Pet. 4:13). We have something infinitely better than a middle school cross-country trophy – we have tasted and seen the glory of God! And one day, we will see it on full display in the blazing face of Jesus Christ, come to make all things new.

There were certainly cross-country races where I wasn't sure if I was going to make it to the finish line. Cramps, injuries, headaches, etc. threatened to end my race prematurely. But for Christians, we have a special assurance that compels us to the end of our race.

Peter says:

“Therefore let those who suffer according to God's will entrust their souls to a faithful Creator while doing good.” We have a faithful God who will care for our souls if we surrender them to him. Our endurance is not the byproduct of our efforts, but a supernatural gift from God. Paul prays for us in Romans 15:5, “May the God of endurance and encouragement grant you to live in such harmony with one another, in accord with Christ Jesus.”

My prayer for you this month is that, no matter what you're facing, you would find the joy that comes from running your race well, knowing that “He who began a good work in you will bring it to completion at the day of Jesus Christ” (Phil. 1:6).

We have a glorious inheritance that awaits us at the finish line – “And when the chief Shepherd appears, you will receive the unfading crown of glory” (1 Pet. 5:4).

Grace and peace,

NATHAN

THINGS TO KNOW

Communion Opportunity

If you are unable to attend our worship service on the first Sunday of each month and would like to receive Communion, contact Lil Cook at lilc@woodmontbaptist.com.

Lunch N' Learn



Lunch N' Learn

Thursday, September 17 at 10:00 a.m.

Save the date and join us for Lunch & Learn Thursday, September 17, at 10:00 a.m.! Griswold Health Care will lead a demonstration and discussion with a "Fall Prevention" Class. All ages welcome! Let Lil know if you will come!



Fall Kickoff is Just Around the Corner!

Sunday, September 20 from 5-7 p.m.

Our Fall Kickoff is about a month away!

Join us on September 20 from 5-7 p.m. on the West Lawn as we enjoy games, inflatables, face painting, a "Cool Car Corner," food, and some music from the WannaBeatles!

If you'd like to help bring food or volunteer in another way, please sign up using the QR code posted around the church.



Men's Breakfast

Saturday, September 12 at 8 a.m.

Men of all ages, you are invited to join us for a morning of food, fellowship, and prayer on Saturday, September 12, at 8 a.m. in the fellowship hall. As always, we will begin cooking at 6:45 a.m. for those wishing to help.

A donation of \$7 will help cover food costs. We hope to see you there!



Father/Son Field Day

Sunday, October 25 at Noon

Calling all father-son combos! Come join us for Father - Son Field Day on Sunday, October 25, from 12- 2 p.m. at Woodmont. We will have lunch together after the church service before playing games on the west lawn (weather permitting). All ages are invited. Granddads are also welcome to participate or anyone who is like a father figure to your child. We also need moms/siblings to help as referees - RSVP to Rachel Gregory by October 11.



Christmas Choir Kickoff

Sunday, September 27 at Noon

You are invited to come and join the choir for our annual Christmas Cantata performed on December 20. To kick off rehearsals, we'll have a luncheon and rehearsal on Sunday, September 27 following the service. Other special rehearsals are scheduled for:

- November 1: 4-6 p.m.
- December 2: 6-8 p.m.
- December 9: 6-8 p.m.
- December 16: 6-8 p.m.



Volunteer with the TV Ministry!

We are looking for volunteers to help out in Woodmont's TV Ministry. No experience necessary! Whether you're technologically savvy or just want to help out, please reach out to Rebecca Prather at media@woodmontbaptist.com if you're interested. Each Sunday, we need someone to direct the broadcast, run the graphics, control the remote cameras, and man the sanctuary camera. All are welcome!



Second Sunday

College students and young adults, join us in the fellowship hall on Sunday, September 13, as we enjoy a meal and fellowship together. If you have any questions, please reach out to Beth Howe.



DURING SEPTEMBER...

- 9/7 Labor Day (Monday)
- 9/12 Men's Breakfast (Sat., 8 a.m.)
- 9/13 Second Sunday (Sun., 12 p.m.)
- 9/17 Lunch N' Learn (Thurs., 10:00 a.m.)
- 9/20 Fall Kickoff (Sun., 5 p.m.)
- 9/27 Christmas Choir (Sun., 12 p.m.)